PO Box 232 Nowra 2541
Jervis Bay Sailing Club Inc.

SAILING INSTRUCTIONS (SIs)

ALL CLUB RACING - 2025 TO 2028

Organising Authority is the Jervis Bay Sailing Club Incorporated.

Callala Bay NSW 2540

The Jervis Bay Sailing Club (JBSC) as the Organising Authority invite you and your crew to compete in all club racing conducted by the Organising Authority from 1st January 2025 to 31st December 2028.

1. RULES

1.1. The regatta will be governed by the rules as defined by the Racing Rules of Sailing 2025-2028 (RRS). https://cdn.revolutionise.com.au/site/cwjrw7itgg8xvutt.pdf

1.2. The Prescriptions of Australian Sailing (AS). https://cdn.revolutionise.com.au/cups/austsailclubs/files/kczqw3tptcr1fxvm.pdf

1.3. The Australian Sailing Special Regulations Part 2 – For off the beach boats will apply. https://cdn.revolutionise.com.au/site/b2ut5kholgzzmhyp.pdf

1.4. RRS Appendix T, “Arbitration”, will apply.

2. COMMUNICATIONS WITH COMPETITORS

2.1. Race Office will be the Callala Junior Sailing School clubhouse.

2.2. Notices relevant to the day’s racing will be displayed on the noticeboard. However, other notices may be posted on the club’s web site from time to time.

2.3. Any change to the schedule of races will be posted by 1900 hours on the day before on the club’s web site. Every effort will be made to contact all potential competitors via text messages on the day before the race if a scheduled race is cancelled due to weather conditions or for other reasons.

2.4. If there are adverse conditions, the race set down for that day may be abandoned or postponed at the discretion of the race committee and will generally be declared after 9.00 am on race day.

2.5. The final decision to run the race when conditions are doubtful or risky will be made by the officer of the day after discussion at the briefing before the race.

3. CHANGES TO SAILING INSTRUCTIONS

3.1. Any change to the sailing instructions will be posted no later than one hour before the applicable race, on the day it takes effect, except that any change to the schedule of races will be posted by 1900 hours on the day before on the club’s web site.

4. SIGNALS MADE ASHORE

4.1. Signals made ashore shall be displayed from the flag mast located in the rigging area near the Race Office.

4.2. When flag AP is displayed ashore, 1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

5. RACE SCHEDULE

5.1. Races are scheduled on most Saturdays throughout the year, generally from early October until the end of May. The Annual Club Race schedule and Duty Roster is published on the JBSC's web site and may be amended from time to time by the committee.

5.2. The club runs three series events throughout Spring/Summer/Autumn period– Championship, Points Score and Sprints. The annual club race schedule shall be published on the JBSC's web site and may be amended from time to time by the committee.

5.3. The club also conducts a Winter Series (June to September), with races scheduled for the first Saturday of each month.

5.4. Several practice races are held in September as warm-up races prior to the start of the season.

5.5. No points are recorded for the winter series, or the practice races in September.

5.6. Registration will be by signing onto the "sign-on/sign off sheet" at race office.

5.7. There will be an information session on each race day for competitors prior to the race start time. On days where multiple races are scheduled, there will be only one information session.

5.8. The annual club race schedule shall be published on the JBSC's web site and may be amended from time to time by the committee.

5.9. First Warning signal, during annual daylight-saving periods, will not be before 1330 hours and no later than 1600 hours.

5.10. During annual non-daylight-saving periods, it will not be before 12:30 hours on the date of racing and no later than 1500 hours.

5.11. Warning signal times may be varied to cater for unfavourable tide or weather conditions. See SI 2.3 above.

6. CLASS FLAGS

6.1. The class flag for all boats is a yellow square flag.

7. COURSE AREA

7.1. Racing will be conducted at the northern end of Jervis Bay on the waters known as Hare Bay - see Appendix A.

8. COURSES

8.1. Typical course diagrams are in Appendix A, the order in which marks are to be passed. All marks shall be passed to Port unless otherwise advised.

8.2. Courses and target leg lengths and target race duration times are published on the JBSC website.

8.3. Course of the day may be a variation to those typical courses described in Appendix A and will be declared at the daily skippers briefing if altered.

9. MARKS

9.1. All course marks will be inflatable yellow or orange pyramid buoys.

9.2. The starting mark will be danbuoy flying an orange flag.

9.3. The finishing mark will be danbuoy flying an orange flag.

10. THE START

10.1. An orange flag may be displayed for a period of up to 2 minutes before the start sequence commences to alert competitors of the intension to begin a start sequence.

10.2. The starting line will be between the flag staff on the Race Committee boat at the starboard end, and the starting mark at the port end.

10.3. A boat starting later than 20 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes Rules A4 and A5.

10.4. The Race Committee vessel may hold its position by using engines. Any effects will not be grounds for redress. This changes RRS 61.1.

10.5. **Championship & Sprint Events:** Championship and Sprint Races will be started as a three-minute interval. This changes RRS 26.

Minutes before start	Flag
3 minutes	Warning signal - Class flag up
2 minutes	Preparatory Flag up
1 minutes	Preparatory Flag down
0 minutes (Start)	Class flag down

10.6. **Points Score Events**: Points score races will be started as a three-minute interval followed by the display of a number representing minutes advantage. This changes RRS 26

Minutes before start	Flag
3 minutes	Warning signal - Class flag up.
2 minutes	Preparatory Flag up.
1 minutes	Preparatory Flag Down.
0 minutes (Start)	Class flag down plus largest minutes advantage number displayed and countdown of minutes on display boards begins. Each boat starts when their allocated minutes advantage number board is lowered.

10.7. Each boat is allocated a handicap in the form of a number of minutes advantage. These are published on the website and displayed on the noticeboard before the point score race.

10.8. The start boat will display the minute advantage numbers from largest to smallest for 1 minute each.

10.9. A boat's start will be when the number representing their handicap is displayed and then lowered. It's the lowering of their number that indicated their start.

10.10. **Gate Start (No Start Boat Present) – Not Applicable for Point Score Races.**

10.11. If the club committee boat is not “On Duty” then a “Gate Start” may be used.

10.12. At the pre-race briefing one boat will be nominated as the “Gate Boat”, the starting mark will be identified and the gate open time specified. The starting mark may be a fixed buoy in the bay. If no gate open time is specified it shall be 3 minutes.

10.13. Only the starting mark will be used, and it will form the port end (pin end) of the start line.

10.14. At the time of the warning signal, the Gate Boat will do two quick tacks approaching the pin, signifying the start is now to begin. She shall pass close to the pin on port track, opening the gate, and shall remain on a port close hauled course for the gate open time before optionally tacking. This defines the start line between the gate boat and the starting mark.

10.15. After the Gate Boat passes the starting mark and opens the gate other boats pass behind her on starboard tack to start, but they cannot interfere with her or call starboard on her until she tacks or after the gate has been open for three minutes. This changes RRS 26.

11. CHANGE OF MARK POSITION

11.1. To change the position of the next mark, the Race Committee will lay a new mark or reposition the existing mark before any competitor starts the leg of that mark.

11.2. No sound signals or notification will be given providing the original course configuration is generally maintained. This changes RRS 33.

12. THE FINISH

12.1. The finish line shall be between a blue flag on the Race Committee Vessel at the starboard end and the finish mark at the port end.

12.2. The Race Committee vessel may hold its position by using its engines. Any effects will not be grounds for redress. This alters RRS60.1(b) and 62.1(a).

12.3. **Unmanned Finish line**. If the Race Committee boat must leave the finish area, the finish mark should be left in position, or, if it is aboard the committee boat, quickly redeploy it before departing.

If, after completing the required proper course, there is no Race Committee boat “On Station”, then the competing boat shall pass the finish mark leaving it to port (in the direction from the last mark) and within 3 boat lengths of the finish mark. Her finish time shall be taken when any part of her hull passes the finish mark from the course side. When there is no Race Committee finish boat, a competitor needs to record her own elapsed time and the names of the boats finishing in front and behind her if possible. This recorded information shall be handed to the Race Committee once ashore.

13. LONE STARTER.

13.1. Should one boat appear at the start, she will be entitled to sail the course and thereafter, be declared the winner of that race.

14. TIME LIMIT

14.1. The time limit for the first boat to sail the course and finish will be 150 minutes for championship and Sprint Races.

14.2. Point Score races shall have a target race time of 90 minutes plus the half the span of handicap minutes advantage times of the boats racing on any given day- which is typically 105 minutes.

14.3. The time limit for the first boat to pass Mark 1 will be 30 minutes.

14.4. Boats failing to finish within 30 minutes after the first boat finishes will be scored Did Not Finish. This changes RRS 35, A4 and A5.

15. PROTESTS AND REDRESS REQUESTS

15.1. Protest forms are available at the Race Office. Protests shall be delivered there within one hour after the last boat finishes the last race of the day. The same time limit applies to requests for redress.

15.2. Notices will be posted as soon as possible after a protest has been lodged, but not later than thirty minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. The posting of such a notice shall be notification to the parties for the purpose of RRS 63.1. This notice will specify the time & place for the hearing.

15.3. Reopening of a Hearing will be in accordance with RRS 63.7.

16. SCORING

16.1. For the Annual Race Series, 80% of all races held shall count (rounded down) for financial club members only. Visitors' race points will count for the single day event only and may be included in race day reports but will not accrue points for Annual Series results until the skipper becomes a full club member.

16.2. The Low Point System will apply for scoring the three series - see rule 90.3(a) and Appendix A 4 in The 2025-2028 Racing Rules of Sailing. The points allocated for DNF, DNS, DNC, DUT, etc, are set, and amended, by the Club Committee as required and are shown on the clubs website. They are identical for all three series.

16.3. When a skipper is rostered on for Committee Boat Duty, that competitor will score average points for all the races sailed by that skipper for that annual series in which that duty has been served.

16.4. A competitor may apply to the committee, for Duty points in a race where they are sailing with a junior for the purpose of building their confidence so that they will be able to compete in club races. If awarded, Duty points will be calculated in the same way as in 16.3.

16.5. The club welcomes visitors, but their results for the day are not included in the club's annual race results and are only declared on individual race day results. However, if a visitor elects to join the JBSC, then those past race results will be recovered for the annual series results.

16.6. Visiting skippers are generally only permitted to sail 3 races per season before they are required to join the club. This may be changed as the discretion of the JBSC committee.

16.7. The competitor will have the latest official AS Yardstick for that boats design applied for the Championship and Sprint series, or nearest estimate for classes are not listed.

16.8. The club endeavors to provide appropriate Handicaps for visitors in the Point-score races.

16.9. Regular visitors have handicaps that are adjusted and printed on the Handicap Sheets.

16.10. To view the results for any club series, please use the following link.

https://www.sailres.com/index_club.php?cid=133

17. CLASS YARDSTICK / HANDICAP APPLICATION

17.1. **Championship and Sprints -** Positions in the Championship and Sprints races are determined after applying the latest published Australian Sailing class yardstick rating or the nearest estimate if classes are not listed [see https://www.sailingresources.org.au/ratings-hub/yardsticks/]. This includes adjustments for sail-size configurations. For example, there are different yardsticks for ICLA Full rig, ILCA Radial and ILCA 4.7.

17.2. Competitors may ask for details of the yardstick applied for their class, or to seek clarification of potential errors in the results. However, the committee's final decision cannot be appealed.

17.3. **Points Score -** A club handicap system is applied based on the competitors' past performances and adjusted accordingly throughout the annual series. It is a staggered start system, with each competitor assigned a minutes-advantage-handicap for the race. The handicaps are adjusted after each race with penalties applied for first, second and third places. More Information on how the handicaps change is available in the JBSC website.

17.4. Details of the system are described on the website and may change from time to time. Further details about the system can be obtained by application to the committee.

17.5. The handicap committee reserves the right to review a handicap if it is identified that the handicap being applied is not in the spirit of fair racing. The competitor affected will be informed of the change. There is no appeal for this decision. A competitor may ask for a review at any time, which will be considered by the committee.

17.6. The staggered start handicaps for each competitor are posted on the website and club notice board prior to each race.

18. RUBISH DISPOSAL.

18.1. No article of any description, including food scraps, shall be jettisoned, or allowed to fall from any boat before, during or after racing in all areas of the Jervis Bay Marine Parks.

19. SAFETY

19.1. Each skipper is required to sign-on prior to launching each day and sign off before the end of protest time on the sign on/off sheets located at race headquarters.

19.2. Boats which fail to sign-on may be scored DNS for the first race of the day without a hearing. This changes RRS 35, A5.

19.3. Boats who fail to sign off may be scored DNF for all races of the day without a hearing. This changes RRS 35, A5.

19.4. A boat that retires from a race shall notify the race committee as soon as possible.

19. SUPPORT/COACH BOATS

19.5. Team managers, coaches and other support personnel shall stay at least 100 metres outside racing lay lines from the time of the preparatory signal until the finish of the last boat in a race, except when asked to assist by the Race Committee. Failure to comply with this Instruction may result in action being taken against the support personnel and/or any boats supported by them.

19.6. Special dispensation can be obtained from the committee to provide close approach coaching for junior development purposes during racing.

20. EQUIPMENT AND MEASUREMENT CHECKS

20.1. Any boat, equipment or crew shall be compliant with the applicable design class rules to be eligible to compete.

20.2. Competing boats shall be made available for inspection or measurement by the Official Measurer or his/her representative at any time or a Committee Member at any time.

21. ADVERTISING

21.1. Boats may be required to display sponsor advertising which, if required, will be supplied by the Organising authority.

22. RADIO AND ELECTRONIC COMMUNICATIONS

22.1. Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

23. PRIZES

23.1. Prizes will be awarded as stated in the Notice of Race.

24. LIABILITY DISCLAIMER

24.1. Competitors participate in the regatta entirely at their own risk. See RRS 3, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during, or after any race.

25. RISK WARNING

25.1. This risk warning is issued jointly by JBSC and NSW Maritime, pursuant to the Civil Liability Act 2002, to all people wishing to participate in any JBSC club race. Participants are warned that, regardless of the precautions which might be taken by reasonable and experienced persons, sailing can be a dangerous pursuit, and participants are exposed to significant risk of property damage, physical harm and possibly death. As an indication, these risks may include, but are not limited to:

- the extremes of weather and sea conditions,
- the potential that control of vessels may be lost, resulting in collision with objects and other vessels,
- the sudden movement of the vessel at any time and the possibility that the participants may fall or be thrown overboard resulting in drowning,
- the possibility that participants may be injured by equipment on the vessel
- the absence of immediate medical care and the likelihood that significant delays may occur before medical care is available,
- exposure to the elements for extended periods.

25.2. The JBSC and NSW Maritime also warn participants that regardless of their best intentions, they may be unable to render assistance to participants who may be in distress. Participants are warned to consider the above risks and all other risks before deciding to participate in any sailing event. Participants are aware that although JBSC is covered by third party liability insurance, this cover does not extend to participants. Any participant who considers they have a need for insurance must make their own private arrangements with an insurer. Membership of a Sailing Club affiliated with Australian Sailing entitles you to personal insurance cover through that Australian Sailing membership.

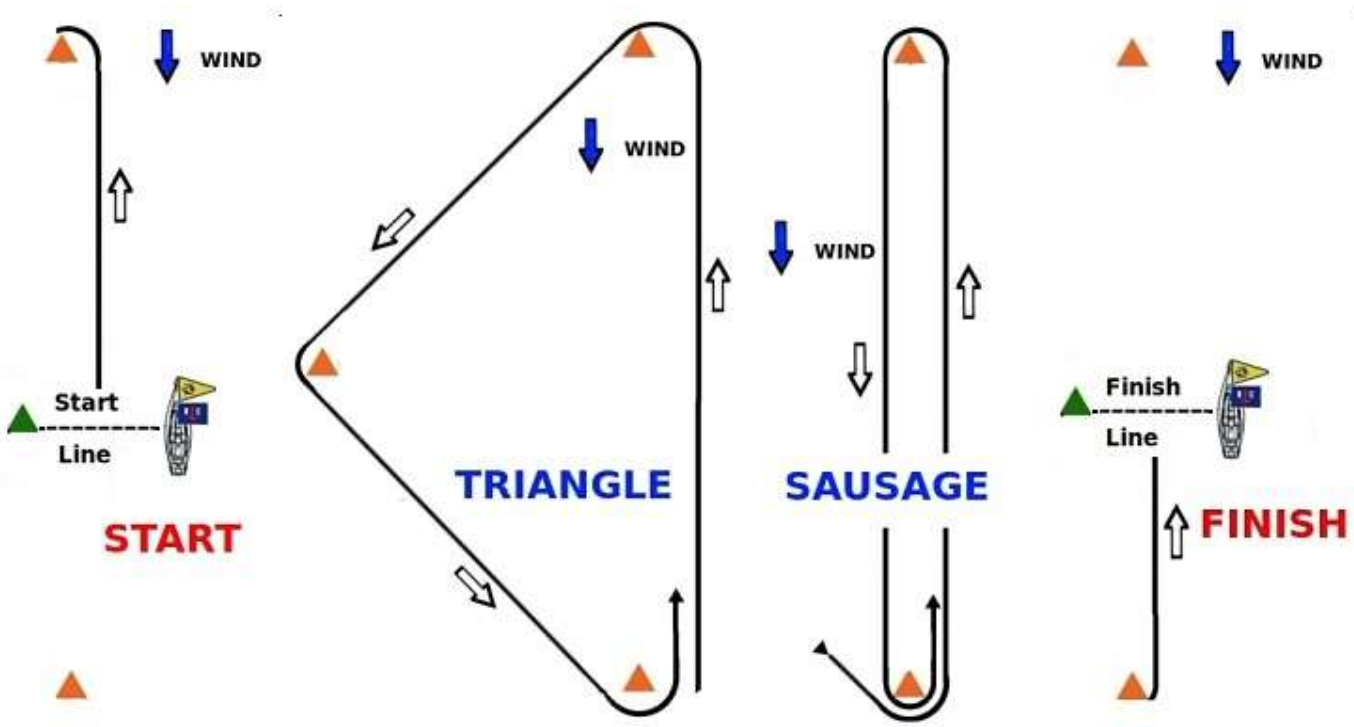
25.3. It is the competitor’s decision to enter any race or to start and continue in any race. Competitors shall accept that their participation in the race is at their exclusive risk in every respect. The Organising Authority, their officers, members, servants and agents, accept no liability in respect of loss of life, personal injury or loss or damage to property which may be sustained by reason of their participation or intended participation in the regatta or how so ever arising in connection with the event.

- See RRS Fundamental Rule 3- Decision to Race. The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.

26. INSURANCE

A boat and its crew shall comply with the insurance requirements of NoR 18.

APPENDIX A



The Club runs three series throughout the season using various courses:

Common Courses - Olympic Triangle with **Port** rounding's as shown in diagram).

Championship (scratch start) – generally 2 races per day, back to back, of 45 minutes target duration.

=> Start-Triangle-Sausage-Triangle-Finish

Sprint (scratch start) – generally 2-5 races per day, back to back, of about 20 minutes target duration.

=> Start-Triangle-Sausage-Finish

Point score (handicap start - minutes advantage) - One race only per day, about 90 minutes target duration.

=> Start-Triangle-Sausage-Triangle-Sausage-Finish

Note: Any long-term changes in the courses will be posted on the website. Course changes on the day of racing will be notified at the briefing.

RACE AREA


Callala Bay
Sydney Ave
Emmett St
Lackerstein St
Channel St
Currarong Rd
RACE
AREA